

COVID-19: A Time to Pause

A Community-Based Research Canada Discussion
January 27, 2022

Land Acknowledgement (Dr. Shaun Hains)

- I would like to begin by acknowledging the Traditional Territory and thank the diverse Indigenous peoples whose diplomacy have led to our dialogue today. Cree, Saulteaux, Niisitapi (Blackfoot), Métis, Nakota Sioux.
- For me the place where I watch the Eagle soar, the Hawk fly in gentle skies, the Bear walk in the meadow, the Deer walk with the moose, the Elk, the and the Caribou migrate, while the Geese fly above us in the spring and fall.



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Live Discussion Agenda

Welcome and Land
Acknowledgements

Setting the
Context: An
invitation to pause

Breakout
discussions

Large Group
Debrief

Closing

Webinar Recordings



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Webinars & Discussions

CBR Canada hosts webinars and live online discussions to build and share community-based research excellence. Below are webinar recordings and event summaries, organized from the most recent to earlier. Upcoming webinars and discussions are posted on the [Events page](#).

2022 | 2021 | 2020 | 2019 | 2018 | Earlier

www.communityresearchcanada.ca/webinars-and-discussions

Let's take a moment to pause....

Draw 3 images in response to the following questions:

- How do you understand “change”?
- How do you understand “new”?
- And finally, how do you understand “pause?”

Suggested Guidelines:

- If you don't have a pen and paper, you can reflect silently (and pause)
- Images can be separate or interconnected – how you draw them is up to you
- Participating – and sharing later - is always optional.

DR SHAUN HAINS

Part-time faculty, Saybrook University
Member, Board of Directors, CBRCanada



During COVID - Time to Pause

AN INDIGENOUS PAUSE - WHAT DOES THAT
MEAN?

During COVID-19: A Time to Pause

Objective

- Taking time to strengthen our wisdom during a global pandemic allows for the examining and questioning of many aspects of research. This webinar explores an Indigenous perspective on what it means to pause in community-based research. Dr Shaun Hains will reflect on issues such as Indigenous voice, ethics, and community collaboration, during a time of change.

Mahetuya

-
- A lasting understanding of Love, Land, Waters, and Language – A Sioux word meaning a Deep and Profound Truth
 - Acceptance of other histories, faiths, and cultures
 - From the Forest Ethics to the Ethics from the forest.

The forest was my home and then to the city

- Understanding new
- New people, new environment
- New context
- Advanced Education, professions, learning
- Understanding new and health
- Change, learning, standards, ethics,
- An eagle feather with Love, Land, Waters, Language meaning...

New/ Change-→ Health

- Introducing Something **New**
 - Pause
 - Wisdom from each pause
 - Like OHS
 - Deeper wisdoms
 - New/change – Research Questions
 - Respect for Dignity of Persons and Peoples
 - Responsible Caring
 - Integrity in Relationships
 - Responsibility to Society
- Capacity to deal with **Change**
 - Pause
 - Wisdom from each pause
 - Like OHS
 - Deeper wisdoms
 - New/Change – Research Questions
 - Respect for Dignity of Persons and Peoples
 - Responsible Caring
 - Integrity in Relationships
 - Responsibility to Society

Extending a Dialogue Beyond - Health, Ethics, Voice

WHO



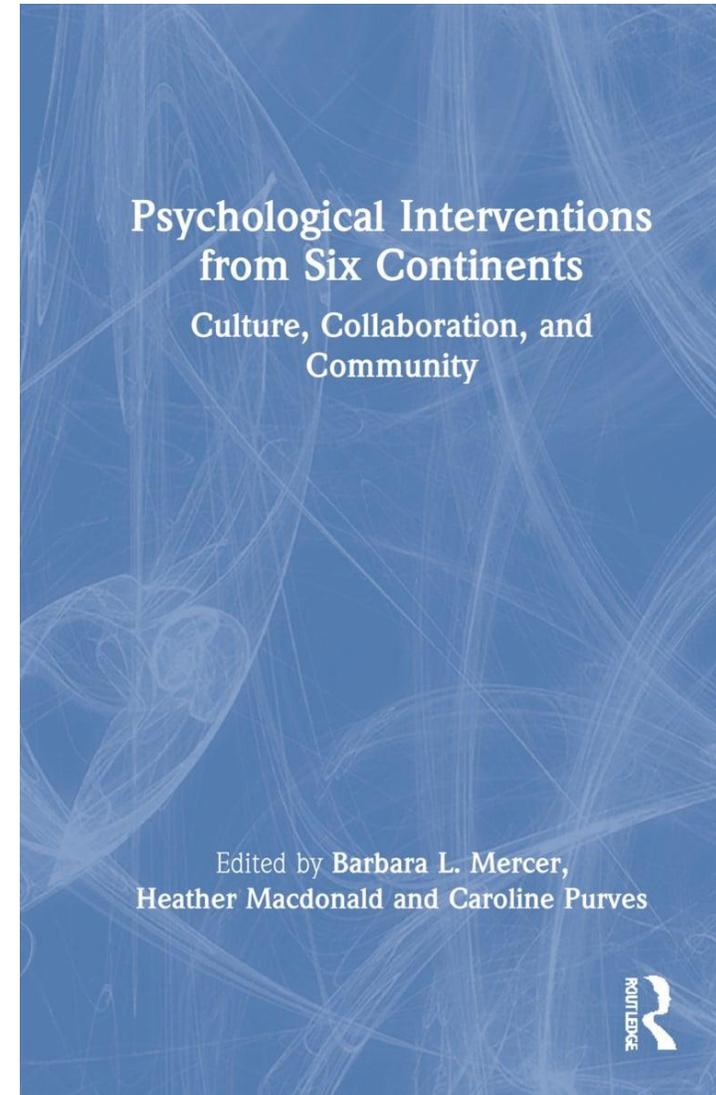
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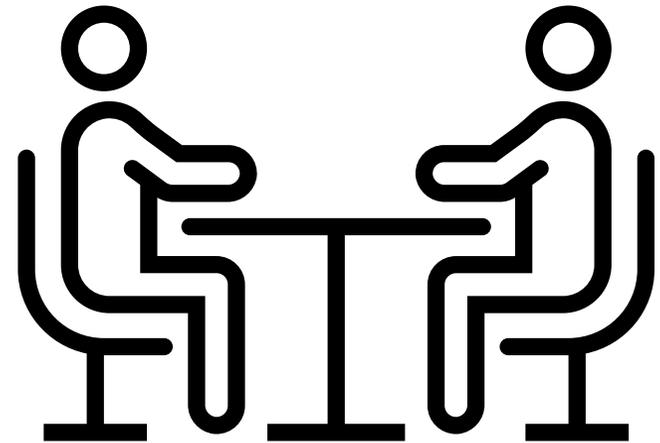
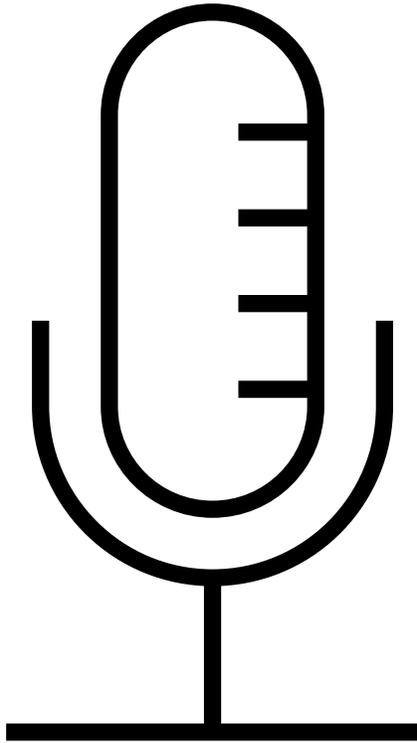
Coming out in July, Shaun's work is in Chapter 11 Indigenous Inclusion and Intervention: The Flight of Eagles, Shaun Hains

Be prepared to be challenged and inspired on this around-the-world trip through the development, adaptation, and application of culturally relevant, community oriented, and truly collaborative therapeutic interventions. This journey offers an immersion into the wide array of cultural values, beliefs, and ways of knowing around the globe that inform what diverse clients need and what psychologists must understand to help people and communities heal from trauma and loss and find well-being. Don't miss the chance to "Sing with the Lions" and take "Flight with the Eagles".

Deborah Tharinger, Professor Emeritus, University of Texas at Austin; Founding Member of the Therapeutic Assessment Institute; a co-author of *Therapeutic Assessment with Children: Enhancing Parental Empathy through Psychological Assessment*, 2022.



Let's pass the mic over to you



Guidelines for break-out discussions

Discussion questions will be posted in the chat, as well as in the agenda circulated by google doc

Some groups may be self-moderated

Each group will nominate a group note taker

Type notes in the Google doc provided in the chat

After the rooms close, we will hear high-level insights from your conversations.

Notes will be used to create an infographic summarizing our conversations

Discussion Questions

1. Introduction: name, role, location - including territories you're calling in from
2. How do you understand “pause” as a verb? In your life and/or community-based research?
3. How is the word “pause” different from “new” or “change”?

Report back & debrief



A CBR Canada Webinar

**Long-Term Care homes
during the pandemic:
Lessons learned and
rethinking the future**

Dr. Chantal Trudel and Soo Wong



UPCOMING WEBINAR & LIVE DISCUSSION :

FEBRUARY 17, 2022, 12PM ET

FEBRUARY 24, 2022, 12PM ET

Register:

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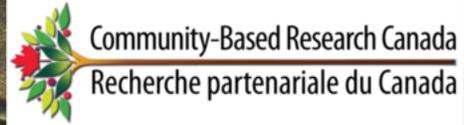
Start

press **Enter** ↵

Thank you words and Zoom

- Ay hai
- Gunalcheesh
- Pilamaya
- Kee Chee Mequech
- Nia:wen
- Kinana'skomitin
- Wophila Thanka
- Maci Cho
- Nya:weh
- Wela'lin
- Wah doh
- Marsi Nenethen
- Dah we'eh





Nya:wëh / Miigwetch / Marrsî /
Thank you

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